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Blackshaw Moor Long Term Plan for PSHE

Busy Bees, Nursery/ Reception Class
Year A & B**

	Me and my school	Me and my safety	Me and my relationships	Happy and healthy me	Me and other people	Me in the world
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Getting to know my school <ul style="list-style-type: none"> • Who is in my class? • Adults in school • My classroom • The school building • Things that I like* • It's ok to like different things* 	<ul style="list-style-type: none"> • Safety in the classroom • Safety in school • Safety in the playground • People who help us keep safe • Road safety 	<ul style="list-style-type: none"> • Being a good friend • Who is in my family • All families are different* • Celebrate my family* • Knowing we are all different but can be friends* 	<ul style="list-style-type: none"> • Hand washing • Healthy eating • Teeth • Medicines • Being happy 	<ul style="list-style-type: none"> • Celebrating special events • Same and different • Making a new friend* 	Transition <ul style="list-style-type: none"> • School Council • New experiences in year 1 • Summer holidays including safety in the wider world

*'No Outsiders'-preparing children for life in modern Britain

KS1 and 2 Clever Cats and Wise Owls Class
Year A**

	Me and my school	Me and my safety	Me and my relationships	Happy and healthy me	Me and other people	Me in the world
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Clever Cats, Y1-2 (following year 2 objectives)	<ul style="list-style-type: none"> • why have rules • How school council works • Role of a class representative • Class council meeting • Name feelings • Dealing with feelings including negative ones • Having self-confidence* • Welcoming different people* 	<p>Safe and unsafe:-</p> <ul style="list-style-type: none"> • Things e.g. medicines and household substances • Places e.g. roads (including 'stay bright, be seen!') • People i.e. safe and unsafe touches, feeling comfortable/uncomfortable, secrets and surprises • NSPCC PANTS underwear rule 	<ul style="list-style-type: none"> • Working together • Behaviour and impact on others • Resolving conflict • Teasing and bullying • Changing relationships • To think about what makes a good friend* 	<ul style="list-style-type: none"> • Body parts • Personal hygiene, including oral hygiene • Spread of germs and diseases • Balanced diet • Healthy lunchbox • Sun safety 	<ul style="list-style-type: none"> • Similarities and differences between boys and girls • Different types of families • Race and religion • Belonging* • Understanding diversity* • Communicating in different ways* 	<p>Local area</p> <ul style="list-style-type: none"> • Positive and negatives of the local area • Discussion • Role in improving area <p>Money</p> <ul style="list-style-type: none"> • Sources of money • Uses of money • Keeping money safe • Making choices
Wise Owls, Y3-4 (following year 3 objectives).	<ul style="list-style-type: none"> • Class rules • New challenges • Valuing themselves • School Council • Understand what discrimination is* • Know what a bystander is* 	<ul style="list-style-type: none"> • What is risk • Road Safety • Pressure • Safe and unsafe touches • NSPCC PANTS underwear rule 	<ul style="list-style-type: none"> • What makes a good friend • Falling out • Welcoming others* • Recognise and welcome an outsider* 	<ul style="list-style-type: none"> • Balanced diet • Impact of healthy diet • Making choices • Oral health 	<ul style="list-style-type: none"> • My identity • My community - school and local • Similarities and differences in community • Recognising a stereotype* • Living in Britain today* 	<ul style="list-style-type: none"> • Managing money • Good value • Resource allocation

KS1 and 2 Clever Cats and Wise Owls Class

Year B**

	Me and my school	Me and my safety	Me and my relationships	Happy and healthy me	Me and other people	Me in the world
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Clever Cats, Y1-2 (following year 1 objectives)	Class rules School Council <ul style="list-style-type: none"> Making choices Compromise Skills of a school councillor Own skills in relation to School Council Class meetings Liking myself* Joining in* 	<ul style="list-style-type: none"> Medicines Identifying risks and ways to stop accidents happening People who help us Road safety - keeping safe near the road and in the car NSPCC: Speak out, stay safe Basic first aid 	<ul style="list-style-type: none"> Valuing themselves Family - different types Friendship skills Good and bad friendships Making choices Finding ways to play together* Proud to be me* 	My body <ul style="list-style-type: none"> Parts of the body Changing needs Influences on health and wellbeing Likes and dislikes Consequences of choices Emotional health 	<ul style="list-style-type: none"> My identity Groups belong to Bullying Sharing the world with others* Working together* 	Pets and animals <ul style="list-style-type: none"> Likes and dislikes Right and wrong Needs of animals Fair and unfair Human needs
Wise Owls, Y3-4 (following year 4 objectives).	<ul style="list-style-type: none"> Class rules Role of School Council rep Jobs on the School Council Class council My strengths and weaknesses Helping others accept difference* Being assertive* Being proud of who I am* 	<ul style="list-style-type: none"> Safety in school Responsibilities for my safety and the safety of others (including around roads) E safety NSPCC: Speak out, stay safe Basic first aid 	<ul style="list-style-type: none"> Feelings of other people Developing relationships Different types of relationships puberty Finding common ground* 	<ul style="list-style-type: none"> What keeps me healthy? What can make me ill - bacteria and viruses Drugs - medicines and Tobacco Good and bad habits Looking after mental health* 	<ul style="list-style-type: none"> Similarities and differences Communities including Britain Respect and tolerance Showing acceptance* 	<ul style="list-style-type: none"> Rights and responsibilities Rights of the Child Jobs and duties

****** In addition to the above units, teaching may also incorporate elements from the SEAL PSHE schemes of work, theme days/ weeks (e.g. Friendship/ Anti-Bullying Week) and cover topics in response to the needs of the class, world events and assembly themes.