

Blackshaw Moor Long Term Plan for PSHE

Busy Bees, Nursery/ Reception Class  
Year A & B\*

	<b>Me and my school</b>	<b>Me and my safety</b>	<b>Me and my relationships</b>	<b>Happy and healthy me</b>	<b>Me and other people</b>	<b>Me in the world</b>
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Reception</b>	<b>Getting to know my school</b> <ul style="list-style-type: none"> <li>• Who is in my class</li> <li>• Adults in school</li> <li>• My classroom</li> <li>• The school building</li> </ul>	<ul style="list-style-type: none"> <li>• Safety in the classroom</li> <li>• Safety in school</li> <li>• Safety in the playground</li> <li>• People who help us keep safe</li> <li>• Road safety</li> </ul>	<ul style="list-style-type: none"> <li>• Being a good friend</li> <li>• Who is in my family</li> <li>• Different types of family</li> </ul>	<ul style="list-style-type: none"> <li>• Hand washing</li> <li>• Healthy eating</li> <li>• Teeth</li> <li>• Medicines</li> <li>• Being happy</li> </ul>	<ul style="list-style-type: none"> <li>• Celebrating special events</li> <li>• Same and different</li> </ul>	<b>Transition</b> <ul style="list-style-type: none"> <li>• School Council</li> <li>• New experiences in year 1</li> <li>• Summer holidays including safety in the wider world</li> </ul>

**KS1 and 2 Clever Cats and Wise Owls Class**  
**Year A\***

	Me and my school	Me and my safety	Me and my relationships	Happy and healthy me	Me and other people	Me in the world
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Clever Cats, Y1-2 (following year 2 objectives)</b>	<b>Class rules</b> <ul style="list-style-type: none"> <li>• why have rules</li> </ul> <b>School Council</b> <ul style="list-style-type: none"> <li>• How it works</li> <li>• Role of a representative</li> <li>• Class council meeting</li> </ul> <b>Feelings</b> <ul style="list-style-type: none"> <li>• Name feelings</li> <li>• Dealing with feelings including negative ones</li> </ul>	<b>Safe and unsafe:-</b> <ul style="list-style-type: none"> <li>• Things e.g. medicines and household substances</li> <li>• Places e.g. roads</li> <li>• People i.e. safe and unsafe touches, feeling comfortable/uncomfortable, secrets and surprises</li> </ul>	<ul style="list-style-type: none"> <li>• Working together</li> <li>• Behaviour and impact on others</li> <li>• Resolving conflict</li> <li>• Teasing and bullying</li> <li>• Changing relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Body parts</li> <li>• Personal hygiene</li> <li>• Spread of germs and diseases</li> <li>• Balanced diet</li> <li>• Healthy lunchbox</li> </ul>	<ul style="list-style-type: none"> <li>• Similarities and differences between boys and girls</li> <li>• Different types of families</li> <li>• Race and religion</li> </ul>	<b>Local area</b> <ul style="list-style-type: none"> <li>• Positive and negatives of the local area</li> <li>• Discussion</li> <li>• Role in improving area</li> </ul> <b>Money</b> <ul style="list-style-type: none"> <li>• Sources of money</li> <li>• Uses of money</li> <li>• Keeping money safe</li> <li>• Making choices</li> </ul>
<b>Wise Owls, Y3-4 (following year 3 objectives).</b>	<ul style="list-style-type: none"> <li>• Class rules</li> <li>• New challenges</li> <li>• Valuing themselves</li> <li>• School Council</li> </ul>	<ul style="list-style-type: none"> <li>• What is risk</li> <li>• Road Safety</li> <li>• Pressure</li> <li>• Safe and unsafe touches</li> </ul>	<ul style="list-style-type: none"> <li>• What makes a good friend</li> <li>• Falling out</li> </ul>	<ul style="list-style-type: none"> <li>• Balanced diet</li> <li>• Impact of healthy diet</li> <li>• Making choices</li> </ul>	<ul style="list-style-type: none"> <li>• My identity</li> <li>• My community - school and local</li> <li>• Similarities and differences in community</li> </ul>	<ul style="list-style-type: none"> <li>• Managing money</li> <li>• Good value</li> <li>• Resource allocation</li> </ul>

**KS1 and 2 Clever Cats and Wise Owls Class**  
**Year B\***

	<b>Me and my school</b>	<b>Me and my safety</b>	<b>Me and my relationships</b>	<b>Happy and healthy me</b>	<b>Me and other people</b>	<b>Me in the world</b>
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Clever Cats, Y1-2 (following year 1 objectives)</b>	<b>Class rules</b> <b>School Council</b> <ul style="list-style-type: none"> <li>• Making choices</li> <li>• Compromise</li> <li>• Skills of a representative</li> <li>• Own skills in relation to School Council</li> <li>• Class meetings</li> </ul>	<ul style="list-style-type: none"> <li>• Medicines</li> <li>• Identifying risks and ways to stop accidents happening</li> <li>• People who help us</li> <li>• Road safety - keeping safe near the road and in the car</li> </ul>	<ul style="list-style-type: none"> <li>• Valuing themselves</li> <li>• Family - different types</li> <li>• Friendship skills</li> <li>• Good and bad friendships</li> <li>• Making choices</li> </ul>	<b>My body</b> <ul style="list-style-type: none"> <li>• Parts of the body</li> <li>• Changing needs</li> <li>• Influences on health and wellbeing</li> <li>• Likes and dislikes</li> <li>• Consequences of choices</li> <li>• Emotional health</li> </ul>	<ul style="list-style-type: none"> <li>• My identity</li> <li>• Groups belong to</li> <li>• Bullying</li> </ul>	<b>Pets and animals</b> <ul style="list-style-type: none"> <li>• Likes and dislikes</li> <li>• Right and wrong</li> <li>• Needs of animals</li> <li>• Fair and unfair</li> <li>• Human needs</li> </ul>
<b>Wise Owls, Y3-4 (following year 4 objectives).</b>	<ul style="list-style-type: none"> <li>• Class rules</li> <li>• Role of School Council rep</li> <li>• Jobs on the School Council</li> <li>• Class council</li> <li>• My strengths and weaknesses</li> </ul>	<ul style="list-style-type: none"> <li>• Safety in school</li> <li>• Responsibilities for my safety and the safety of others (including around roads)</li> <li>• E safety</li> </ul>	<ul style="list-style-type: none"> <li>• Feelings of other people</li> <li>• Developing relationships</li> <li>• Different types of relationships</li> <li>• Puberty</li> </ul>	<ul style="list-style-type: none"> <li>• What keeps me healthy?</li> <li>• What can make me ill - bacteria and viruses</li> <li>• Drugs - medicines and Tobacco</li> <li>• Good and bad habits</li> </ul>	<ul style="list-style-type: none"> <li>• Similarities and differences</li> <li>• Communities including Britain</li> <li>• Respect and tolerance</li> </ul>	<ul style="list-style-type: none"> <li>• Rights and responsibilities</li> <li>• Rights of the Child</li> <li>• Jobs and duties</li> </ul>

\* In addition to the above units, teaching may also incorporate elements from the SEAL PSHE schemes of work, theme days/ weeks (e.g. Friendship/ Anti-Bullying Week and cover topics in response to the needs of the class, world events and assembly themes.