

RSE in the Blackshaw Moor First School scheme of work from September 2020

This document summarises the main RSE content in the Entrust Scheme of Work which we use as a basis for teaching PSHE at Blackshaw Moor. It shows where various concepts are introduced.

This has also been mapped against the statutory guidance for relationships education (REd), health education (H Ed) the Science (Sc) national curriculum and those which might be considered Sex education (S Ed).

In Primary schools sex education is not statutory however within the guidance the Department for Education “continues to recommend therefore that all primary schools should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born”

The Science National Curriculum for Year 1 requires schools to teach the names of external parts of the body. The Sex Education Forum recommends that this includes external genitalia. They believe that this is vital for safeguarding as it gives children the language to describe the private parts of their body and to seek help if they are abused. Within this scheme this vocabulary is introduced in Year 2 although some schools introduce it earlier.

Vocabulary and content which maybe considered as sex education are highlighted in bold.

Year	Theme	Key concepts	Vocabulary	R Ed	H Ed	Sc	S Ed
FS	Me and my Relationships	Friends Families	Friend, like, sharing, caring, listening, understanding, fun, family, different, same, mum, dad, step mum, step dad, brother, sister, grandparent, auntie, uncle, cousin	Y			
1	Happy and Healthy Me	Parts of the body Changes from baby to adult What can we do now and what can we do in the future	Head, neck, shoulders, arms, hands, fingers, legs, feet, toes, face, eyes, nose, mouth, ears, teeth, hair, knee elbow, child, teenager, elderly, change, needs, grow and develop	Y		Y	
	Me and My Relationships	Types of families Special people Friends Making choices	Family, relationship, different, similar, respect, care, love, look after like, trust, share, listen, help, talk, kind, good friend and choice	Y			
2	Happy and Healthy Me	Parts of the body Germs and diseases	Nipples, vulva, penis, testicles , clean, dirty, hygiene, washing, infection, disease, germ, spread, catch, illness, stop, cover, nurse, doctor and pharmacist	Y	Y		Y
	Me and My Relationships	Getting on with others Dealing with conflict Teasing and bullying Changing relationships	Behaviour, affect, others, sharing, taking turns, helping, rules, fair, unfair, right, wrong, kind, unkind, special, change, loss, happy, sad, angry, remember, talk and share	Y			
	Me and My Safety	Keeping safe in relation to people Surprises and secrets	Safe, unsafe, comfortable, uncomfortable, acceptable, unacceptable, secret, surprise, tell, no and stop	Y			
	Me and Other People	Differences between boys and girls (not physical) Gender stereotypes Stonewall – Same Love Different Families	Boy, girl, male, female, family, same, different and similar	Y			

3	Me and My Relationships	Differences between boys and girls (physical, emotional and social) Families Choices Friendships Arguments Choices and influences	Knee, elbow, shoulder, wrist, ankle, stomach, heart, lungs, brain, tongue penis, testicles, breasts, vulva, vagina, womb , male, female, boy, girl, changes, physical, emotional, social, teenager, family, parent, carer, partner, mum, dad, grandparents, step mum and step dad	Y	Y		Y
	Me and My Safety	Physical contact – acceptable and not acceptable Dealing with physical contact NSPCC PANTS resource	Acceptable, unacceptable, depends, worried, hurt, upset, tell, good secret, bad secret and surprise,	Y			
4	Happy and Healthy Me	Illness Spread of disease	Bacteria, virus, germs Ill, unwell, spread stop and hygiene		Y		
	Me and My Relationships	Life cycles in animals Changes experienced Introduction to puberty Feelings and emotions Good and bad touches Private parts Scenarios around physical contact Bad secrets Loss Violence in relationships	Life cycle, grow, change, mature, develop, puberty, body processes, inevitable, grow, bigger, taller, heavier, stronger, change, developing, feelings, emotions, moods, relationships, safe, unsafe, comfortable, uncomfortable, private, acceptable, unacceptable feelings, loss, separated, died, relief, regret, remember, support, share, violence, enemy and responsibility	Y	Y	Y	
	Me and My Safety	Hazards online including relationships on line	On line, passwords, personal information, CEOP button and secret	Y			